



Hi,
My name is Amy
and I'm 14 years old.
I'm in eighth grade
and I live in Fairfax,
Virginia. I really enjoy

You
Are

THE ASSIST PROJECT

“PATIENT NOTED THAT IT FELT GOOD TO KNOW OTHERS WERE OUT THERE CARING ABOUT THEM WITHOUT KNOWING THEM PERSONALLY AND WANTED TO THANK YOU FOR CHOOSING OUR CENTER TO SHARE A VERY SPECIAL GIFT!”

-DORI TOMPKINS, VOLUNTEER
EDUCATION DEVELOPMENT
COORDINATOR, KU CANCER
CENTER WESTWOOD

FOR QUESTIONS ABOUT THE
ASSIST PROJECT PLEASE VISIT
[HERE](#) OR CONTACT:

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Spread smiles this season and connect with your local cancer community through the Assist Project. You and your team will create meaningful cards and deliver them to patients who may need a little extra cheer in their day.

Why Participate

Coaching involves more than just the Xs and Os. It's about developing the whole player. Implementing IGYB into your program teaches valuable life lessons such as:

- The importance of spreading positivity, selflessness, and helping others
- The power of teamwork to make an impact
- The ability to put oneself in the shoes of another person

What Do We Do

STEP 1: GATHER SUPPLIES

Before buying any materials, see if team parents have any you can use. Anything works!

STEP 2: SET A DATE AND TIME

Designate a specific date and time where you and your team will come together and create your cards for cancer patients in your community.

STEP 3: DELIVER YOUR CARDS

Call a local cancer center or hospital to ensure that they will accept your cards before you drop them off.

Share Your Experience

Your impact extends further than you realize and your story can be told to thousands, if not millions, with the help of social media. We would love to hear about your Assist Project experience and share it with our communities as well. Tag us on social media and utilize our hashtag #SideOutAssist.