

## PROGRAMS THAT EMPOWER YOUNG PEOPLE

THE SIDE-OUT FOUNDATION OFFERS OPPORTUNITIES FOR YOUNG PEOPLE TO LIVE HEALTHIER AND MORE MEANINGFUL LIVES.

Each year, tens of thousands of volleyball players, coaches and families across the country join together to participate in Side-Out programs.

## **DIG PINK® MOVEMENT**

Dig Pink® is a movement to provide and impactful experiences for athletes while empowering them to come together in support of the stage IV breast cancer community. Each year, hundreds of teams across the country (and overseas) participate in Dig Pink®.

Through programs like Dig Pink, Side-Out is harnessing the power and influence of sport to impact change by funding Side-Out's very own clinical trial The Side-Out Protocol.

## THE SIDE-OUT AMBASSADOR PROGRAM

The Ambassador Program presents opportunities for students to receive recognition and scholarship funds, encouraging them to continue a life of setting and achieving their goals. Ambassadors raise funds for breast cancer research through a Dig Pink® initiative while learning important lessons about health, community and perseverance.

Talk to the volleyball coach at your school about hosting a Dig Pink® event/the Side-Out Ambassador Program.

## **BENEFITS FOR YOUNG PEOPLE**

- Learning skills such as teamwork, leadership and perseverance
- 2 Fulfilling community service requirements
- Building a great resume for college and even earning a scholarship
- Helping fund research that is extending the lives of people with breast cancer



